

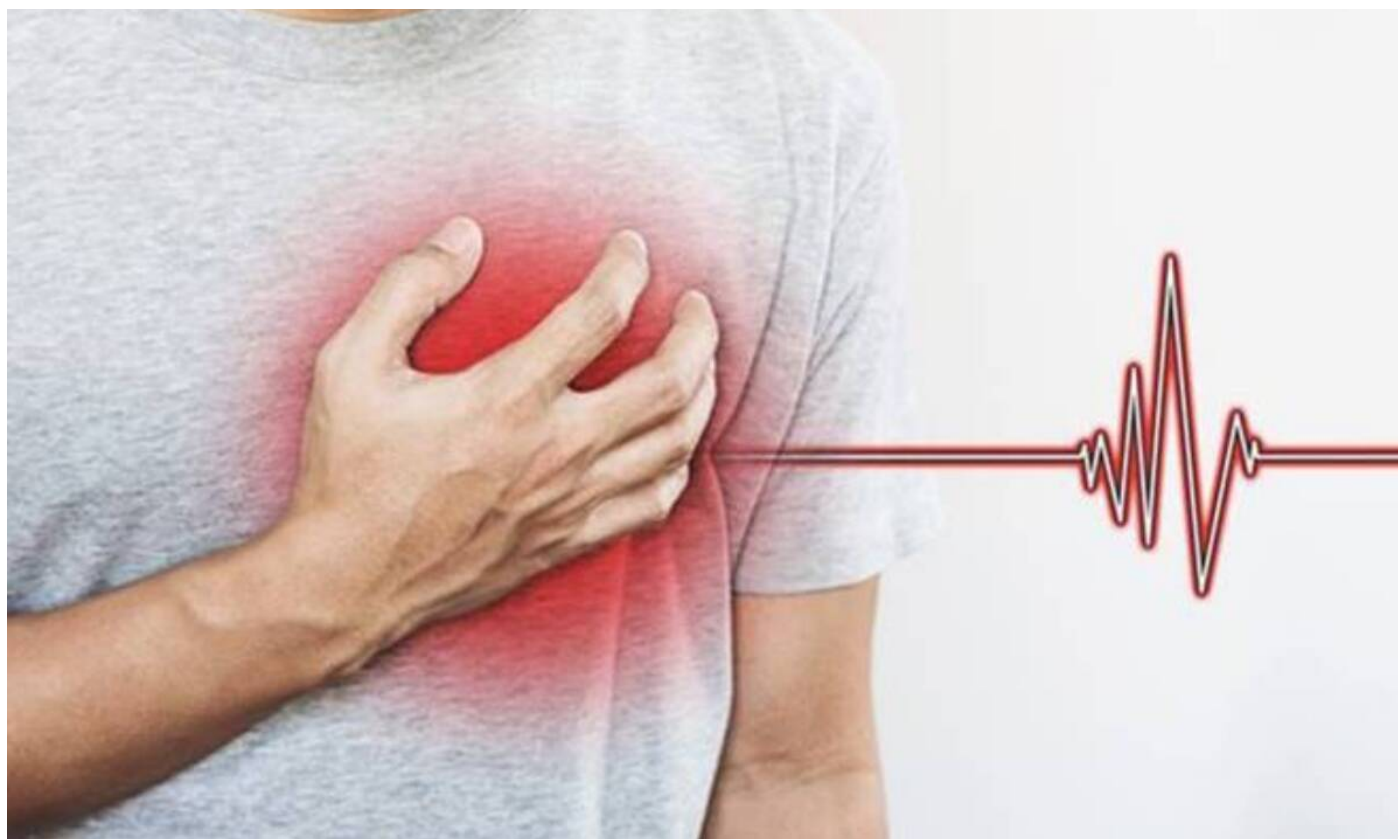
MARKET INDEXES				COMMODITIES		CURRENCY	
SENSEX	52,120.00	+502.00		WTI	47.40	-2.00	
NIFTY 50	15,000.00	+150.00		Gold	1,950.00	-10.00	
				COMMODITIES FUND(S)		CURRENCY	
				Oil	1,150.00	-10.00	

MORE MARKET STATS

Post pandemic effect: Why middle aged in Bengaluru are witnessing spike in heart ailments

By: [FE Online](#)
September 29, 2021 5:50 PM

Cardiac surgeon Dr. Devi Shetty said that Indians are three times more prone to heart attack than Europeans and Americans.



Heart ailments are on a rise among the young

People aged between 20 and 40 in Bengaluru are witnessing a rise in heart-related ailments in the last two to three months that the experts predicts is a post pandemic effect.

Dr C N Manjunath, Director, Sri Jayadeva Institute of Cardio-Vascular Sciences and Research (SJICR) said that the number of heart attacks among youngsters rose by 5 per cent in the last few months then that it was during the pre-pandemic times

RELATED NEWS

163 oxygen plants set up in MP after shortage during 2nd COVID-19 wave: CM Shivraj Singh Chouhan

Serum Institute of India contributes most to vaccination drive as others lag

Talking to Indian Express, Sr Manjunath said the pandemic created undue stress on youngsters to try being over-ambitious aiming to achieve many goals in a short period of time, especially during unfavourable times.

Covaxin

cardiovascular ailments were habitual smokers , had high blood pressure and had a family history of heart ailments. Other non-conventional factors like stress, pollution, unhealthy lifestyle also contributed to the rise and needs immediate intervention.

Cardiac surgeon Dr. Devi Shetty said that Indians are three times more prone to heart attack than Europeans and Americans. The young and the employed are seeking bypass graft and developing heart related ailments like an epidemic, he added. Dr Shetty made smoking from a young age responsible for the rise in heart attacks.

According to r Praveen Sadarmin, Consultant Interventional Cardiologist at Narayana Health City in Bengaluru, the rise in cases of myocardial infarction is due to consumption of processed food, consumption of alcohol and smoking apart from Covid induced stress as a predominant factor . Narayana Health city Hospital witnessed admission of at least seven patients every month due to heart attacks in the last quarter.

Dr Sreekanth B Shetty, Senior Consultant and Head of Interventional Cardiology at Sakra world Hospital found most of his patients complained of pay cuts, job losses , reduced physical activities, weight gain and interrupted check-ups for heat-treated ailments among breadwinners in a family.

Divya Marina Fernandes, Consultant, Interventional Cardiology and Heart Failure Specialist, Aster RV Hospital fund work from home lifestyle has increased work pressure, hours of work, limited or no. breaks in between, disturbing sleep patterns causing undue stress. She advised youngsters to strike work-life balance , an exercise 30 minutes five days a week.



Subscribe to FE Daily Newsletter for latest updates on markets, business, money, infra & more, right in your mailbox

Subscribe

out latest [IPO News](#), [Best Performing IPOs](#), calculate your tax by [Income Tax Calculator](#), know market's [Top Gainers](#), [Top Losers](#) & [Best Equity Funds](#). Like us on [Facebook](#) and follow us on [Twitter](#).

 Financial Express is now on Telegram. [Click here to join our channel](#) and stay updated with the latest Biz news and updates.

[HOME](#) | [LIFESTYLE](#) | [HEALTH](#) | [Post Pandemic Effect Why Middle Aged In Bengaluru Are Witnessing Spike In Heart Ailments](#)

Advertisement



US Stock Market

[View All](#)

Amazon and Ford-backed Rivian battles losses to launch major IPO for EV industry



**US initial public offerings: List of companies going public soon –
Check IPO Calendar**



**US Stocks climb amid solid third-quarter U.S. earnings,
economic data**



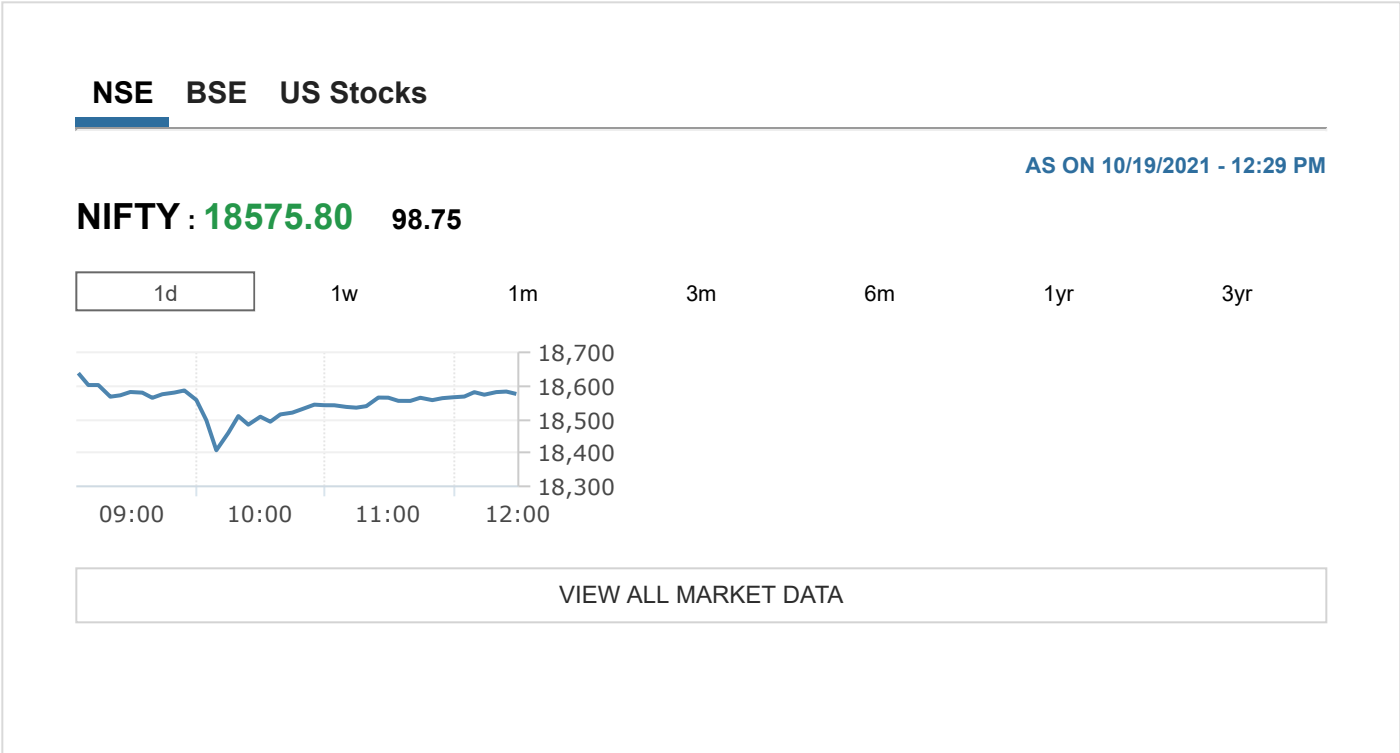
**Tech-heavy Nasdaq 100 leads major equity benchmarks as NYSE
FANG+ Index climbs more than 1%**



Focus back on US banking stocks, S&P 500 Q3 earnings



Stock Market



Most Read

Share Market Highlights: Sensex ends at 61765, Nifty at 18477 after setting fresh highs; Infosys zooms 4.8%



No less than a 5-star hotel, Buddhist Circuit Train wins hearts of tourists, passengers



Viral: Little girl seeks permission from airport official before hugging her aunt goodbye



Tata Power rating - Buy: Policy tweak a positive for Mundra plant



Covid-19 Vaccine Certificate: Here's how to download it from CoWin portal, Aarogya Setu app



DMart's 110% rise in net profit fails to impress investors; analysts see massive downside



HDFC Bank, Reliance, Bharti Airtel, Vodafone Idea, UltraTech Cement, Fortis Healthcare stocks in focus





Now invest in Crypto like Mutual Funds! Mudrex launches Coin Sets - Check features



Reliance, SBI, HDFC Bank, IRCTC among 344 stocks to hit 52-week highs on BSE; 22 shares hit 52-week lows



Advertisement

DOUBLE YOUR INVESTMENT

IN JUST 71 MONTHS*

MONTHLY RETURNS INTEREST RATE 12.00% P.A. FOR 61 MONTHS

MONTHLY RETURNS INTEREST RATE 10.50% P.A. FOR 18 MONTHS

INDEL money

1800 4253 99 ALL INDIA TOLL FREE

PUBLIC ISSUE OF SECURED & UNSECURED REDEEMABLE NON-CONVERTIBLE DEBENTURES

ISSUE OPEN

ISSUE CLOSE

'CRISIL, BBB/Stable' by CRISIL, Ratings Limited

***Only for option II - 10% of the issue**

Indel Money Limited is, subject to stock exchange and other conditions, proposing to public issue Redeemable Non-Convertible Debentures and has filed a Prospectus dated September 30, 2021 with the Registrar of Companies (RoC). The Prospectus is available on the website of www.indelmoney.com, on the website of the stock exchange at the time of allotment of debentures. All investors proposing to participate in the public issue of Indel Money debentures should refer to the Prospectus. Prospectus is available under 'New Product' heading on page 15 of the Prospectus.

Top News

Income Tax Return 2021: Lost money in stock markets? Check if you can set it off against salary income

Market LIVE: Sensex turns green again, nears 62000, Nifty needs to close above 18600 for further rally

From Kerala to Uttarakhand, what's causing October rains across India: Know the reason

Railway Board's move to rightsize Indian Railways; shuts down IRSDC

Corona LIVE: More than 99 crore Covid-19 vaccine doses administered in the country so far

India's first ETF based on Nifty 50 Equal Weight Index launched – Check how it differs

Banks shut on Id-E-Milad in these states, closed for up to 5 days this week

Companies step up their sustainability game; focus on eliminating plastic in packaging

Advertisement

DOUBLE YOUR INVESTMENT

IN JUST 71 MONTHS*

MONTHLY RETURNS INTEREST RATE
12.00% P.A.
 FOR 61 MONTHS

MONTHLY RETURNS INTEREST RATE
10.50% P.A.
 FOR 18 MONTHS

INDEL
money

1800 4253 99
 ALL INDIA TOLL FREE

PUBLIC ISSUE OF SECURED & UNSECURED REDEEMABLE NON-CONVERTIBLE DEBENTURES

ISSUE OPEN FOR SUBSCRIPTION

***CRISIL, BBB/Stable** by CRISIL Ratings Limited. *Only for option B. **CRISIL**

INDEL Money Limited is subject to market conditions and other considerations, proposing to public issue Redeemable Non-Convertible Debentures and has filed a Prospectus dated September 25, 2011 with the Registrar of Companies (ROC). For the prospectus available on the website of www.indelemoney.com, or the website of the stock exchange(s) listed as Lead Manager at www.bseindia.co. All investors proposing to participate in the public issue of INDEL Money should refer to the Prospectus. Please see section entitled 'Risk Factors' beginning on page 33 of the Prospectus.

POSTPANDEMIC EFFECT

Switch to Hindi Edition

STAY CONNECTED

MOBILE APPS

TOP TRENDING

Coronavirus (Covid-19) India Live

Share Market LIVE

Petrol And Diesel Price Today

Lakhimpur Kheri Violence Live

2021 Bank Holidays October

Covid-19 Vaccine Centres In Delhi

Coronavirus (Covid-19) Disease

IPO

LATEST NEWS					POPULAR CATEGORIES				
INDIA NEWS					JOBS				
MARKET NEWS					SME				
STOCK QUOTES					MUTUAL FUNDS				
INDUSTRY					RAILWAYS				
TECHNOLOGY					BRAND WAGON				
MONEY					INCOME TAX				
INFRASTRUCTURE					HEALTH				
AUTO					SCIENCE				
ECONOMY					IFSC CODE				
FE EXPLAINED					QUICK LINKS				
CASH RESERVE RATIO					FE HINDI				
FORM-16					PAN CARD				
FISCAL POLICY OF INDIA					AADHAAR CARD				
REVERSE REPO RATE					PASSPORT-VISA				
REVENUE DEFICIT					INSURANCE				
GDP					WORLD NEWS				
INTERIM BUDGET					ENTERTAINMENT				
CESS					AIRLINES/AVIATION				
CUSTOMS DUTY					MORE				
					TAX CALCULATOR				
					EPAPER				
					PHOTO GALLERY				
					VIDEOS				
					OPINION				
					COMMODITIES				
					DEFENCE				
					BANKING & FINANCE				
					TODAY'S PAPER				

Top NSE/BSE Companies Share Price

Yes Bank Share Price Reliance Industries State Bank of India Tata Motors Share HDFC Bank Share

	Price	Services Share Price		Price
Maruti Suzuki India Share Price	Tata Steel Share Price	Bajaj Finserv Share Price	Larsen and Toubro Share Price	Indusind Bank Share Price
Sun Pharmaceutical Industries Share Price	Bharat Petroleum Corporation Share Price	Titan Company Share Price	Indian Oil Corporation Share Price	Axis Bank Share Price

Popular Banks IFSC Code

SBI Bank IFSC Code	HDFC Bank IFSC Code	ICICI Bank IFSC Code	Axis Bank IFSC Code	Canara Bank IFSC Code
Bank of Baroda IFSC Code	Indian Bank IFSC Code	PNB Bank IFSC Code	Bank of India IFSC Code	Kotak Mahindra Bank IFSC Code
Union Bank of India IFSC Code	Central Bank of India IFSC Code	IDBI Bank IFSC Code	Indian Overseas Bank IFSC Code	Yes Bank IFSC Code